

A THINKING SPACE SPECIAL EVENT

## WHY DISCRIMINATION IS PREFERABLE TO TOLERANCE

**Guest Speaker: Farhad Dalal, Psychotherapist and Group Analyst, Private Practice**

**Chair: Frank Lowe, Consultant Social Worker and Psychoanalytic Psychotherapist, The Tavistock and Portman NHS Foundation Trust**

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**Thursday 27 November 2014** (6.30pm - 8.30pm)

**Fee:** £20 (£10 concessions - students, unwaged, Trust staff)  
**Venue:** Tavistock Centre, London

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Over the last seventy years the Equality Movements have advocated for the values of inclusivity and tolerance and against prejudice and discrimination. They have brought about many momentous social changes. Yet, in many ways it would seem that little has changed. For example, pay differentials between men and women continue and in some sectors have actually widened and in a report highlighted in the Guardian Newspaper in May 2011, out of 14,000 university professors in the UK only 50 were black.

In trying to comprehend and address this sort of situation, psychoanalytic theorizations have tended to privilege the internal, unconscious world, whilst proponents of multiculturalism and diversity have privileged the external, conscious world. Farhad Dalal will argue that whilst both shed productive light on the situation, neither is sufficient in itself, in particular, taking the Diversity vision to task for its' over simplifications. Farhad will sketch out a reading of the human condition that draws on Foulkes and Elias to give a particular conceptualization of power-relations a central role in human affairs and conclude that discriminatory processes are not only integral to the human condition but also cannot be done away with.

*Farhad Dalal is a psychotherapist and Group Analyst in private practice in Devon. He also works with organisations. He was Associate Fellow at the University of Hertfordshire's Business School. Currently, he is Visiting Professor at the PhD School, Open University of Holland. He has been studying and writing on the themes of discrimination, equality and diversity for over twenty-five years. He has published three books, Taking the Group Seriously, Race, Colour and the Processes of Racialization, and his most recent book Thought Paralysis: The Virtues of Discrimination, which is a constructive critique of the Equality movements. Currently Farhad is working on a critique of CBT and is convening a conference on this theme, [www.limbus.org.u/cbt](http://www.limbus.org.u/cbt).*

Thinking Space is a monthly learning forum at the Tavistock Clinic, which explores issues of race, culture and diversity in therapy/mental health.

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Please book online at [www.tavistockandportman.ac.uk/thinkingspacenov2014](http://www.tavistockandportman.ac.uk/thinkingspacenov2014) or contact us on 020 8938 2285 to book and pay by credit/debit card over the phone.

#### FURTHER INFORMATION

Conference, CPD and Events Unit, Tavistock Centre, 120 Belsize Lane, London NW3 5BA

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